

Haven Cafe and Bakery  
is also available for all  
of your catering needs!

# HAVEN

CAFE ~ BAKERY ~ CATERING

Lenox, MA 413-637-8948  
Mon-Fri, 7:30-11:30am  
Effective 5/5/17

## Breakfast Spring Summer

### Eggs

~ All egg dishes are made with extra large Omega 3 eggs from Feather Ridge Farm 'happy, free chickens' and are served with roasted potatoes and mixed greens~

Add: NF bacon, sausage or ham 2.50, salsa fresca 1.00, cheese 1.00, sub egg white 1.50, sub gluten free bread 1.00

**Breakfast Burrito** 10.50  
Scrambled eggs, cheddar cheese, avocado-tomatillo puree and spinach wrapped in a grilled flour tortilla

À la carte 8.75

**Biscuit Sandwich** 9.50  
Scrambled eggs on our dill-Romano buttermilk biscuit

À la carte 7.75

**Toad in the Hole** 8.00  
One egg fried in sourdough toast

**Two Scrambled Eggs** 8.50  
Two extra large Omega-3 eggs

**Huevos Rancheros** 14.50  
Two corn tortillas, spicy black beans, cheddar cheese, two fried eggs, salsa fresca, sour cream and fresh avocado

**Haven Scramble** 12.50  
Two eggs scrambled with roasted butternut squash and asparagus served over fresh spinach and topped with goat cheese  
Add chorizo 15.00

**Smoked Salmon Scramble** 14.50  
Two eggs scrambled with smoked salmon and onion confit over fresh spinach  
Skip the smoked salmon 9.50

**Daily Frittata** 10.50

### French Rolled Omelets

~ Our omelets are rolled in the French tradition like a crepe.  
Egg white omelet add 1.50. Served with roasted potatoes, mesclun greens and baguette~

**Cheddar Omelet** 10.75  
Cabot white cheddar cheese

**Haven** 12.75  
Feta cheese, fresh spinach and marinated tomatoes

**Santa Fe** 13.75  
NF bacon, cheddar cheese and roasted poblanos topped with fresh avocado, sour cream and salsa fresca

**Veggie Omelet** 12.75  
Roasted shiitake and cremini mushrooms, spinach and onion confit

Before placing your order, please inform your server if a person in your party has a food allergy.  
Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness,  
especially if you have certain medical conditions.

### Always at Haven

**Croissant French Toast** 7.50

Two pieces dipped in cinnamon-vanilla egg batter dusted with powdered sugar

**Buttermilk Pancakes** 8.50

Three cakes served with local maple syrup and butter

**WF French Toast** 8.50

Four triangles of pullman bread (rice flour), dipped in cinnamon-vanilla egg batter and dusted with powdered sugar

**Haven Breakfast** 10.50

Two pieces of grilled polenta or two pancakes, one egg fried and your choice of sausage or bacon

**Steel Cut Oats** 8.50

With seasonal fruit and housemade granola

### Sides

**Tomatoes** 1.00

**Two Scrambled Eggs** 4.25

**Baguette, Butter and Jam** 1.75

**Roasted Potatoes** 3.25

**Plain Yogurt** 3.75

**One Buttermilk Pancake** 3.75

**Grilled Polenta** 2.25

**NF Bacon** 3.75

**Sausage or Ham** 3.75

**Side Oatmeal** 3.50

**Granola and Milk** 5.00

**Granola and Yogurt** 7.50

**Granola, Yogurt and Fruit** 10.75

**Mixed Local Greens** 4.00

We use organic flours, corn meal and sugar in our pancakes and polenta. The syrup is the real deal too... local grade B.

NF=Nitrate Free WF=Wheat Free

\*We spend a lot of time and care in creating our menu. Every item is made fresh by hand. Therefore, we kindly ask that there be no substitutions made to the menu items. Thank you.

Taste the love